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Major Requirements: 22-23 units
A grade of " $C$ " or better is required in the following courses

| ASSOCIATE IN ARTS FOR TRANSFER (F.4555.AA-T) | C-ID | Units | Completed | In Progress | Planned |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Required Core Courses: 15 units |  |  |  |  |  |
| HLTH 2, First Aid and Safety | KIN 101 | 3 |  |  |  |
| PE 62, Introduction to Kinesiology | KIN 100 | 3 |  |  |  |
| Select a Biology Sequence: |  |  |  |  |  |
| BIOL 20, Human Anatomy AND BIOL 22, Human Physiology | $\begin{aligned} & \hline \text { BIOL 110B } \\ & \text { BIOL 120B } \end{aligned}$ | $\begin{aligned} & 4 \\ & 5 \end{aligned}$ |  |  |  |
| OR BIOL 21A, Human Anatomy \& Physiology I AND <br> BIOL 21B, Human Anatomy \& Physiology II | BIOL 115S | $\begin{aligned} & 4 \\ & 5 \end{aligned}$ |  |  |  |
| Required Core Courses: 3 units Select a minimum of 3 different courses from the following for a total of 3 or more units |  |  |  |  |  |
| PE 3, Archery |  | 1 |  |  |  |
| PE 4, Badminton |  | 1 |  |  |  |
| PE 5, Basketball |  | 1 |  |  |  |
| PE 7, Golf |  | 1 |  |  |  |
| PE 12, Swimming |  | 1 |  |  |  |
| PE 13, Tennis |  | 1 |  |  |  |
| PE 14, Volleyball |  | 1 |  |  |  |
| PE 15A, Weight Training (Women) |  | 1 |  |  |  |
| PE 15B, Weight Training (Men) |  | 1 |  |  |  |
| PE 15C, Weight Training (Coed) |  | 1 |  |  |  |
| PE 17, Hatha Yoga |  | 1 |  |  |  |
| Electives: 4 units <br> Select a minimum of 1 course from the following for a total of 4 or more units |  |  |  |  |  |
| MATH 11/11H, Elementary Statistics | MATH 110 | 4 |  |  |  |
| DS 23, Business Statistics | MATH 110 | 3 |  |  |  |
| CHEM 1A, General Chemistry | CHEM 110 | 5 |  |  |  |
| PHYS 2A, General Physics 1 | PHYS 105 | 4 |  |  |  |

## Notes:

1. Some of the above courses may have prerequisites. See the catalog or schedule of classes.
2. The Associate Degree requires completion of the major (22-23 units) with a " $C$ " or better grade in each course plus the completion of the General Education requirements (either CSU GE breadth or IGETC) for a total of $\mathbf{6 0}$ semester units with a 2.0 or better GPA.
3. Some courses may not have an associated C-ID, please see catalog or counselor for more information.
