

Name: _____

ID: _____

Date: _____

Counselor Contact: _____

Major Requirements: 21-23 units

A grade of "C" or better is required in the following courses

ASSOCIATE IN ARTS FOR TRANSFER (F.4555.AA-T)	C-ID	Units	Completed	In Progress	Planned
Required Core Courses: 15 units					
HLTH 2, First Aid and Safety	KIN 101	3			
PE 62, Introduction to Kinesiology	KIN 100	3			
Select a Biology Sequence:					
BIOL 20, Human Anatomy AND	BIOL 110B	4			
BIOL 22, Human Physiology	BIOL 120B	5			
OR BIOL 21A, Human Anatomy & Physiology I	BIOL 115S	4			
AND BIOL 21B, Human Anatomy & Physiology II		5			
Movement-Based Courses: 3 units Select one (1) course maximum from three (3) of the following areas; for a total of 3 or more units					
Area 1: Aquatics					
PE 12, Swimming		1			
Area 2: Combatives					
PE 8, Basic Self Defense		1			
Area 3: Dance					
Dance 8, Hip Hop Technique		1			
Dance 9, Dance Conditioning		1			
Dance 10A, Beginning Modern Dance Technique		1			
Dance 12A, Beginning Ballet Part 1		1			
Dance 12B, Beginning Ballet Part 2		1			
Dance 13A, Intermediate Ballet Technique		1.5			
Dance 14, Beginning Jazz Dance Technique		1			
Dance 16, Beginning Tap Dance		0.5			
Dance 18, Intermediate Tap Dance		0.5			
Dance 28A, Intermediate Modern Dance Technique		1.5			
Area 4: Fitness					
PE 6, Fitness and Health		1			
PE 17, Yoga		1			
PE 27, High Intensity Interval Training		1			
PE 15A, Weight Training (Women) OR		1			
PE 15B, Weight Training (Men) OR					
PE 15C, Weight Training (Coed)					
Area 5: Individual Sports					
PE 4, Badminton		1			

PE 4B, Intermediate Badminton		1			
PE 7, Golf		1			
PE 13, Tennis		1			
PE 13B, Intermediate Tennis		1			
Area 6: Team Sports					
PE 5, Basketball		1			
PE 14, Volleyball		1			
PE 71, Soccer		1			
Electives: Select one (1) course					
MATH 11/11H, Elementary Statistics OR MATH/PSY 42, Statistics for the Behavioral Sciences	MATH 110	4			
DS 23, Business Statistics	MATH 110	3			
CHEM 1A, General Chemistry I	CHEM 110	5			
PHYS 2A, General Physics 1	PHYS 105	4			

Notes:

1. Some of the above courses may have prerequisites. See the catalog or schedule of classes.
2. The *Associate Degree for Transfer* requires completion of the major (21-23 units) with a “C” or better grade in each course plus the completion of the General Education requirements (either CSU GE Breadth or IGETC) for a total of **60 CSU-transferable semester units minimum** with a 2.0 or better GPA.
3. Some courses may not have an associated C-ID, please see catalog or counselor for more information.