



Fresno City College

Physical Education
PERSONAL TRAINING
2024-2025

Name: _____

ID: _____

Date: _____

Counselor Contact: _____

Major Requirements: 9 units

A grade of "C" or better is required in the following courses

CERTIFICATE OF ACHIEVEMENT (F.4332.CA)	C-ID	Units	Completed	In Progress	Planned
* HLTH 2, First Aid and Safety OR PE 20, Emergency Care and Injury Prevention	KIN 101	3			
HLTH 3, Personal Training		3			
* FN 40, Nutrition OR FN 41, Sports Nutrition	NUTR 110	3			

Notes:

1. The Personal Trainer Entrepreneurship program prepares students to start a small personal fitness training business. The focus is on developing personal training skills and key business start-up skills. Upon successful completion of the Personal Trainer Entrepreneurship certificate, students are also eligible to apply for certification as a personal trainer.
2. C-ID Number NUTR 110 is approved for HLTH 2 only.
3. C-ID Number KIN 101 is approved for FN 40 only.
4. The *Certificate of Achievement* requires completion of the major (9 units) with a "C" or better grade in each course.